

Inspiration & Intuition

Promoting Inner Wealth for All

DISCOVER YOUR INTUITION

Asking and Answering Questions

People often ask and answer their own questions. Some do it out loud, while others do it within themselves. You're not crazy, but normal. Have you ever asked yourself, "What do I want to eat for lunch?" I am sure you answered, "I want pizza (or something else)."

Sometimes your intuition answers your questions, and it leaves you wondering *Where did that come from?* At an outdoor art show, a stranger excitedly told me about a financial venture. I intuitively felt certain it was a scam. "Why did she tell me about this venture?" I asked myself. I intuitively spoke, "So you can help her." I warned her about the scam.

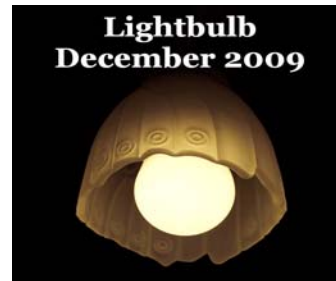
Ask questions about any area of your life (e.g., family, career, health). Then, listen to your intuition communicate answers. They will come. Expect surprises.

Intuition Exercise

A memory pops in your mind.
It appears as vivid as the day the event occurred.
The memory points to an event happening in your life.
How does it help you now?

Intuition Quote: "There are things so deep and complex that only intuition can reach it in our stage of development as human beings."
—John Astin

Vol. 1 Issue 12, December 2009



A Lightbulb represents a bright idea, "go ahead" sign, clarity, enlightenment, and success. Notice when a lightbulb appears in your intuitive messages.

Intuition Tip

When you think about getting someone (e.g., relative, friend, co-worker) a gift, whatever the occasion, sense if your intuition advises you to:

- Purchase it.
- Create it.
- Barter for it.
- Forget about it.

Recommended Readings

- ☑ *The Sense of Being Stared at* by Rupert Sheldrake
- ☑ *Ask and You Will Receive* by Kenneth D. Foster

Recommended Websites

- ☑ www.marianne.com
Marianne Williamson
- ☑ www.greggbraden.com
Gregg Braden

An Intuitive Experience

Sanitation Worker Saved Woman's Life

Tennessee sanitation worker, Clifford Jones, arrived at Esther Sanford's home to pick up her trash. She told him she felt ill. He told her to get some rest, but as he continued on his route, he worried about her health. He stopped back by her home and noticed her front door was wide open. After finding her lying unconscious on the floor, he called 911 and conducted CPR, until an ambulance arrived. She had slipped into a diabetic coma and could have died, if his intuition hadn't worried him.

Source: <http://www.nascar.com/2009/news/headlines/bg/04/08/incredible.pizza.hero.nashville/index.html>

Ask yourself this question:
How has my intuition worried me about someone or something?

Darlene Pitts is an intuition consultant, coach, speaker, and author of *Discover Your Intuition* and *Let's Talk Intuition*. To schedule an intuitive reading by email or phone, visit www.inspirationandintuition.com or call 770.434.5240.

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