

Inspiration & Intuition

Promoting Inner Wealth for All

DISCOVER YOUR INTUITION

The Manifestation Experience (Part 2)

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This newsletter is designed to help you manifest what you truly desire (need or want) in your life, using your intuition. In Part 1, you clarified and wrote down what you truly desire and included specifics and your true reason.

1. Focus on your true desire. Find pictures of it and paste them on paper or a board. Use your imagination to visualize having it, in your mind's eye, as if you star in a top-rated movie. See, feel, hear, taste, and smell it, in your present environment. Ask your intuition to give your movie a title. Play your movie three times a day, in your mind.

Examples:

- The Great Ford Adventure
- Mr. and Mrs. Johnson's Honeymoon
- Happy Doctor's Visit

2. Believe you already received your desire, without doubts, limitations, or harm to anyone. Speak "present tense" words about receiving your desire. Express gratitude to a divine source imparting divine protection. Write it down and seal it.

Examples:

- *I am now the owner of a new, affordable Ford Taurus with heating and air and a CD player/radio, and in sound working order. Thank you, God, for giving me my car, in a graceful, safe, and loving way. Gratefully I receive this or something better, aligned with the free will and highest good of all concerned. So be it.*
- *I am now in a loving relationship with an intelligent, honest, and healthy man (or woman). I thank Spirit for my relationship, in the way of grace, safety, and love. I gratefully receive this or something better, aligned with the free will and highest good of all concerned. Amen.*
- *An extra \$2,000 in cash to pay Dr. Smith for her dental services comes to me now. I thank the Universe for the money given to me, in a graceful, safe, and loving manner. I am grateful to receive this or something better, aligned with the free will and highest good of all concerned. And so it is.*

Recommended Reading

Creative Mind and Success by Ernest Holmes

INTUITION

is your natural ability to sense the truth about what to do to manifest your desire. Correct actions to take come through a dream, vision, gut feeling, hunch, song, inner voice, knowing, scent, taste, saying, and/or in other ways.

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|--|-----------|
|  | "I have" |
|  | "I feel" |
|  | "I can" |
|  | "I love" |
|  | "I speak" |
|  | "I see" |
|  | "I know" |



Manifesting Tips

- Focusing on your desire helps you hold on to it without distractions.
- Believe in your ability to manifest whatever you desire. You are a highly creative human/spiritual being.
- Have faith you will receive it. Let no one worry you.
- Express gratitude for what you already have and for what you will receive.
- Do a symbolic action, such as test drive a similar car at an auto dealer, imitate a loving couple you admire, or hold a one dollar bill and imagine it's multiplied 2,000 times. Let your intuition guide you.
- Trying to control or manipulate others causes problems.

Darlene Pitts is an intuition consultant, coach, speaker, and author of *Discover Your Intuition* and *Let's Talk Intuition*. To schedule an intuitive reading by email or phone, visit www.inspirationandintuition.com or call 770.434.5240.

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