

Inspiration & Intuition (I&I)

Promoting Inner Wealth for All

DISCOVER YOUR INTUITION

Discover Your Intuition Newsletter

Welcome to the first edition of the Discover Your Intuition newsletter! This newsletter is designed to promote awareness and understanding of intuition, in every area of life.

Everyone has intuition—an inherent ability to gain extended information about people, places, things, and situations, without using logic, physical senses, or prior knowledge.

Use your intuition and reap the benefits of enhanced living.

2009! A Spiritual Year

This year, 2009, contains a high vibrational energy, with its master number ($2+0+0+9 = 11$). Eleven is the “visionary” number. It requires you to have faith in yourself, take responsibility for your life, acknowledge your inner power, and use your intuition to transform your life.

Intuition Exercise

Take three deep breaths.
Slowly count down from ten to one.
Focus on what January has in store for you.
Allow your intuition to reveal the information to you.
What did you receive?

Intuition Quote: “Intuition will tell the thinking mind where to look next.”
—Dr. Jonas Salk

Vol. 1 Issue 1, January 2009



Raindrops represent emotional releases, creativity and growth, divine blessings, and spiritual rebirth. Notice when raindrops appear in your intuitive messages.

Intuition Tips

- 1) Awareness—Know when your intuition communicates messages to you.
- 2) Trust—Have confidence in your intuition, even if you don’t immediately understand why.
- 3) Action—Respond to your intuition’s messages, as guided.

Recommended Reading

- Second Sight* by Dr. Judith Orloff

Recommended Website

- www.intuition.org
Intuition Network,
Dr. Jeffrey Mishlove

Upcoming Movie

- KNOWING (03/20/2009)
Nicholas Cage stars as a professor who stumbles on terrifying, future predictions and sets out to prevent them from happening.

An Intuitive Experience

Music Legend, Quincy Jones

At age eleven, Quincy Jones and his friends broke into a Seattle recreation center, to eat pie and ice cream. After a food fight, he wandered into an office and saw a piano in a corner. “I almost closed the door and left,” he said. “But something, thank God, told me, ‘Go back in that room, fool.’ And I did. I touched that piano and knew then that every part of my soul would be in music forever.” He gave up being a petty thief and gang member to embrace music. The rest is music history.

[Source: Success Magazine, December 2008]

Ask yourself this question:
Where have I wandered and knew
that every part of my soul would be there forever?

Darlene Pitts is an intuition consultant, coach, speaker, and author of *Discover Your Intuition* and *Let’s Talk Intuition*. To schedule an intuitive reading by phone or email, visit www.inspirationandintuition.com or call 770.434.5240.

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